

# KIRKBYMOORSIDE SURGERY

## Spring/Summer Newsletter



March 2026

### **SURGERY CLOSURES 2026**

25th March 12.00—18.00

### **BANK HOLIDAYS 2026**

Friday 3rd April

Monday 6th April

Monday 4th May

Monday 25th May

Monday 31st August

### **UPDATES:**

#### **Appointment Waiting List**

We recently introduced a new waiting list system for patients who are unable to book an appointment at the time they call. Instead of asking patients to ring back, we now add them to our waiting list and contact them directly as soon as an appointment becomes available. This approach appears to be working very well. Patients have told us they appreciate not having to call repeatedly, and overall satisfaction has improved. We are also pleased to see that the waiting list currently remains very small. We would greatly welcome any feedback from patients about this service and their experience with it.

### **Covid Vaccinations**

**Kirkbymoorside Surgery will be giving covid vaccines in the Spring and Autumn this year. We will be in touch with eligible patients nearer the time.**

#### **Eligible Patients are :**

- adults aged 75 and over
- residents in care homes for older people
- individuals aged 6 months and over who are immunosuppressed

### **Urgent Care Service**

Our Primary Care Network, **South Hambleton and Ryedale Primary Care Network**, provides an Urgent Care Service for patients registered at **Kirkbymoorside Surgery** to help manage same-day urgent demand and allow more time at the practice for patients with long-term conditions. The service is delivered from **Pickering Medical Practice**. If you need to be seen urgently on the day, you may be offered an appointment with the Urgent Care Team. This will be booked in as a telephone consultation and, if a face-to-face assessment is required, you will be asked to attend Pickering. When booking, our team will check that you are able to travel to Pickering; if this is not possible, you will instead be added to the duty doctor list at Kirkbymoorside Surgery .

### **Pharmacy First**

You can now access advice and treatment for a range of common conditions directly from your local pharmacy through the NHS *Pharmacy First* service. Highly trained pharmacists can assess and, where appropriate, provide treatment (including some prescription-only medicines) without you needing to see a GP. Pharmacy First is suitable for conditions such as sore throats, earache (for children), sinusitis, impetigo, infected insect bites, shingles, and uncomplicated urinary tract infections (UTIs) in women. Pharmacists can also offer advice on minor illnesses such as coughs, colds, and hay fever. This service makes it quicker and easier to get the help you need while helping to keep GP appointments available for patients with more complex or long-term conditions.

### **Breathlessness Clinics**

There is a strong national focus on improving care for people with asthma and chronic obstructive pulmonary disease (COPD). Given that these conditions significantly affect our community, we are developing dedicated Breathlessness Clinics to enhance support for these patients.

We are currently identifying patients who may benefit most—such as those ordering inhalers too frequently or not enough, or those needing GP or hospital care more often than expected. Our aim is to offer earlier, more tailored support from primary care clinicians with a special interest in respiratory health.

At this stage, the service is not open to self-referral. We are proactively contacting patients who meet the criteria. If this pilot proves successful, we hope to expand the service or make it a permanent part of our respiratory care offer."